

QHIA TXOG MINNESOTA COV POJ NIAM TXOJ KEV NOJ QAB NYOB ZOO

2020

*Ib Daim Duab Ntawm Cov Poj
Niam Hauv Minnesota Kev Noj
Qab Nyob Zoo (2018-2019)*



Nrhiav cov ntawv los pab txhawb, cov ntawv tshawb
fawb tag los thiab lwm cov xov tseem ceeb ntawm
z.umn.edu/mnwhrc20.

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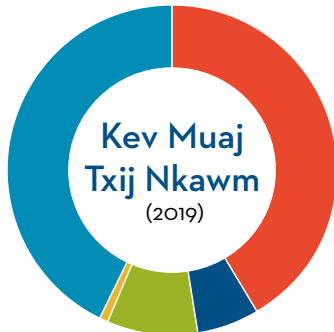
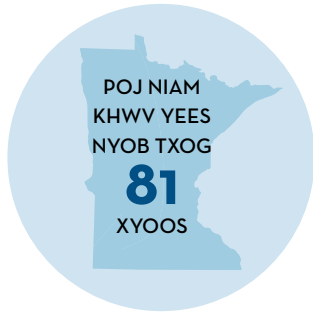


Ntawv nthuav ntawm los ntawm Center for
Leadership Education in Maternal thiab Child
Public Health, University of Minnesota School of
Public Health

TXOG KEV PAB NRHIAV NTAUB NTAWV:

Daim Ntawv Qhia yog tsim tau yam siv ntau cov ntaub ntawv thaum xyoo 2011-2020. Feem ntau ntawm cov ntaub ntawv siv rau daim ntawv qhia no nthuav tawm nyob rau xyoo 2017-2019; tab sis, yog hais tias txawv, xyoo uas tshawb cov ntaub ntawv yeej muaj nyob ntawm txhua qhov ntsiab lus lossis kev qhia. Kev ceev cov ntaub ntawv kuj txawv ib xyoos dhau ib xyoos, thiab cov neeg koom tes los luj kuj txawv nyob ntawm cov kev qhia ntaub ntawv tuaj. Cov feem pua mas muab suav uas qhov loj kom yooj yim zog, hos cov feem pua kom mee muaj nyob hauv computer ntawm MN-WHRC.

Yog hais tias tsis tau qhia, tag nrho cov ntaub ntawv tshawb fawb yog rau cov poj niam muaj hnub nyoog 18+. Muaj ib qhov uas txwv txog kev tshawb fawb mas qee cov ntaub ntawv tsis muab faib seb yog poj niam los txiv neej thiab haiv/hom neeg twg. Peb sib faib siv cov ntaub ntawv los ntawm haiv neeg thiab hom neeg kom muaj txoj kev pab thiab kev cuam tshuam zoo rau cov neeg xav tau kev pab. Cov lus “poj niam” thiab “poj niam/ntaw tus poj niam” mas siv mus siv los li ntawm MN-WHRC raws li cov ntaub ntawv uas tau khaws tseg thiab kev qhia tuaj. Peb pom tau hais tias cov lus no yuav tsis suav tag nrho cov neeg seb lawv yog om neeg twg, thiab yog ib qho tseem ceeb heev los qhia txog kev tsis txawj lus thum mus tshawb fawb rau MN-WHRC. Peb pom zoo hais tias kev tshawb fawb mus rau yav tom ntej thiab kev khaws ntaub ntawv los mus siv hom lus ntawm cov neeg lawv tshawb fawb ntawv siv.



(% ntawm cov poj niam)

- 41% Yuav Txiv: 1,165,355
- 6% Poj Ntsuam: 171,417
- 9% Poj Nrauj: 268,908
- <1% Nyias nyob nyias: 20,407
- 43% Tsis tau yuav txiv dhua los yog tsis tau muaj 15 xyoos: 1,213,099

LGBTQ

(Poj niam nyiam poj niam, Txiv neej nyiam txiv neej, Nyiam poj niam/txiv neej, Hloov chaw mos, Nyiam yus hom)

LGBTQ cov neeg nyob hauv Minnesota yog

4%
ntawm tag nrho cov neeg.

59%
Ntawm cov LGBTQ neeg nyob hauv MN yog poj niam.

81%
ntawm cov LGBTQ yog neeg Dawb,

11%
qhia tuaj hais tias yog lwm hom neeg, thiab

8%
qhia tuaj hais tias yog hom neeg Latino/a los yog Hispanic.

19%
khwv tau nyiaj txhua xyoo tau tsawg tshaj li ntawm 24k.

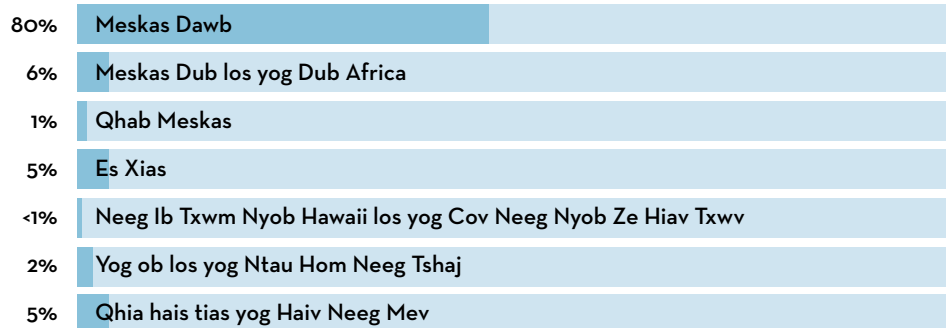
2016-2019

Minnesota's (MN) cov pej xeeem mas coob zuj zus. Suav thaum xyoo 2016 mus txog 2050, MN's cov pej xeeem yuav nce ntxiv li ntawm 15%, ntawm 5.53 lab mus rau 6.36 lab. Tam sim no, cov pej xeeem poj niam mas nce qeeb zog cov pej xeeem txiv neej. Muaj kev npaj pom tau hais tias pej xeeem poj niam yeej yuav nce qeeb zog pej xeeem txiv neej tom qab xyoo 2020.

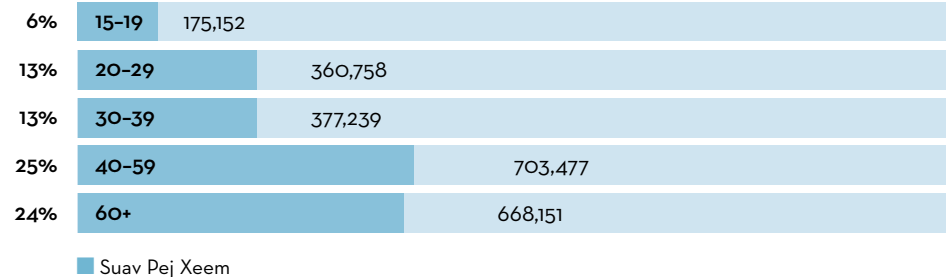
Nyob rau xyoo 2018, tag rho cov pej xeeem poj niam sawv cev 50% (2,186,378) ntawm cov pej xeeem hauv lub xeev. Cov pej xeeem poj niam no cov hnuv nyoog yog 15-44 xyoos mas muaj 1,074,005, muaj li ntawm 38% ntawm tag nrho cov poj niam nyob hauv MN, sawv cev tsawg tshaj li ntawm 1% los yog <1% hloov thaum 2017 txog 2018.

Nyob rau xyoo 2019, tag nrho cov poj niam muaj li ntawm 50% (2,839,186) ntawm cov tib neeg nyob hauv lub xeev.

Haiv thiab Hom Neeg



Hnuv nyoog

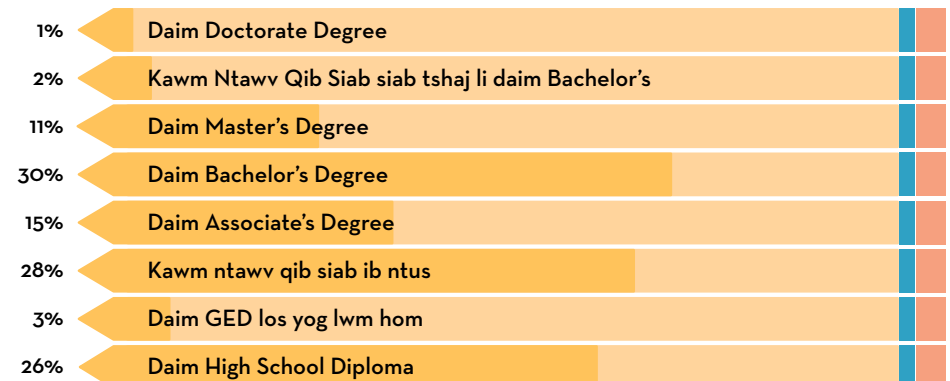


Tshwj xeeb

Ntug zos: 50,000+ cov pej xeeem | **Cov zos loj:** 10,000-49,999 cov pej xeeem | **Cov zos me:** 2,500-9,999 cov pej xeeem | **Cov ntug zos npab nauj:** Feem ntau mas tawm nraum ntug zos rau cov ntus zos/zob rau ib ntug

Kev paub los ntawm: Greater Minnesota: Refined & Revisited Report (Daim ntawv qhia txog Ib Cheeb Tsam Hauv Minnesota: Kev Soj & Rov Mus Saib)

Key kawm ntawv





Cov poj niam txawv teb chaws los yog cov poj niam uas tsis yog meskas dawb mas muaj peb npaug uas tsis muaj ntawv kho mob yog muab piv rau cov poj niam meskas dawb.



TEEB MEEM TXWV TXOG TXOJ KEV NOJ QAB NYOB ZOO

2017

Nyob rau xyoo 2017 khws yees hais tias muaj 2,199,595 tus poj niam muaj hnuv nyoog 16+ nyob hauv MN, 66% yog cov neeg ua hauj lwm. Cov pej xeem poj niam muaj yog 42% ntawm tag nrho cov pej xeem uas tsis muaj ntawv kho mob nyob hauv MN. Cov poj niam txawv teb chaws los yog cov poj niam uas tsis yog meskas dawb mas muaj peb npaug uas tsis muaj ntawv kho mob yog muab piv rau cov poj niam meskas dawb.

Nyob rau xyoo 2015 thiab 2018, cov neeg muaj hnuv nyoog li ntawm 25-54 xyoos uas tsis muaj tsev nyob mas nce lawm. Nyob rau xyoo 2017, 2,875 tus poj niam uas muaj hnuv nyoog 18-54 mas kuj muaj qhov hais tias tsis muaj tsev nyob.

7%
COV POJ NIAM MUAJ HNUV NYOOG 18-64 HAUV MN TSIIS MUAJ NTAWV KHO MOB

NEEG TSIIS MUAJ NTAWV KHO MOB RAWLS HAIV:

DAWB
4%

TSIS YOG DAWB

12%



Muaj Tsheb

Raws li xyoo 2017 txoj kev luj los ntawm PRAMS,

8%

Ntawm cov poj niam qhia tuaj hais tias Lwv tsis muaj tsheb es thiaj li mus kuaj kws kho mob tsis tau ua ntej yug menyuam.

Khv yees lis ntawm

60%

Ntawm cov neeg siv tsheb npav yog poj niam.

COV POJ NIAM UAS TSIIS MUAJ TSEV NYOB RAWLS HNUV NYOOG NYOB RAU XYOO 2018

HNUV NYOOG	POJ NIAM MUAJ HNUV NYOOG
18-21	429
22-24	299
25-54	2,147
55+	264

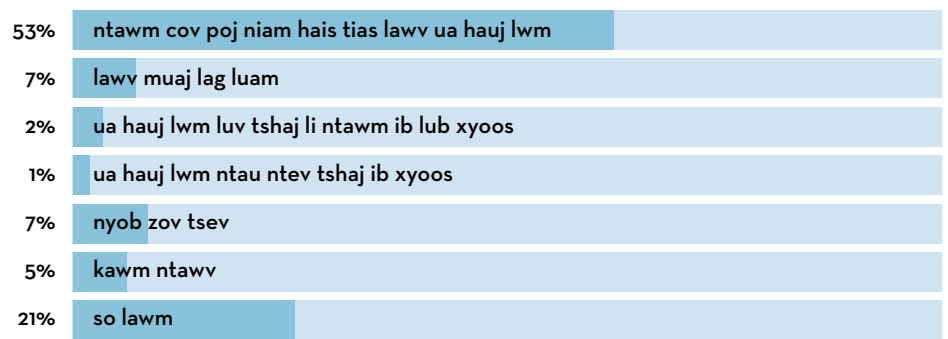
2019 KEV UA HAUJ LWM RAWLS HAIV NEEG (SIB FAIB)

HAIV NEEG	SIB FAIB
Meskas dawb	65%
Es Xias	66%
Dub	74%
Qhab Meskas	60%
Neeg Latino	73%
Txhua Hom Poj Niam	80%

21%
COV POJ NIAM TSIIS MUAJ TSEV NYOB YOG MUAJ 25-54 XYOOS

11%
COV POJ NIAM UAS NYOB RAU QHOV KEV TXOM NYEM

Hauj Lwm



64%

32%

78%

COV POJ NIAM 16+
Nyob rau xyoo 2019, 64% ntawm cov poj niam uas muaj 16+ yeej ua hauj lwm.

COV LAG LUAS UAS POJ NIAM YOG TUS TSWV
Ntawm 489,494 cov lag luam nyob hauv MN, tsuas yog 32% thiaj li yog poj niam li xwb (2012).

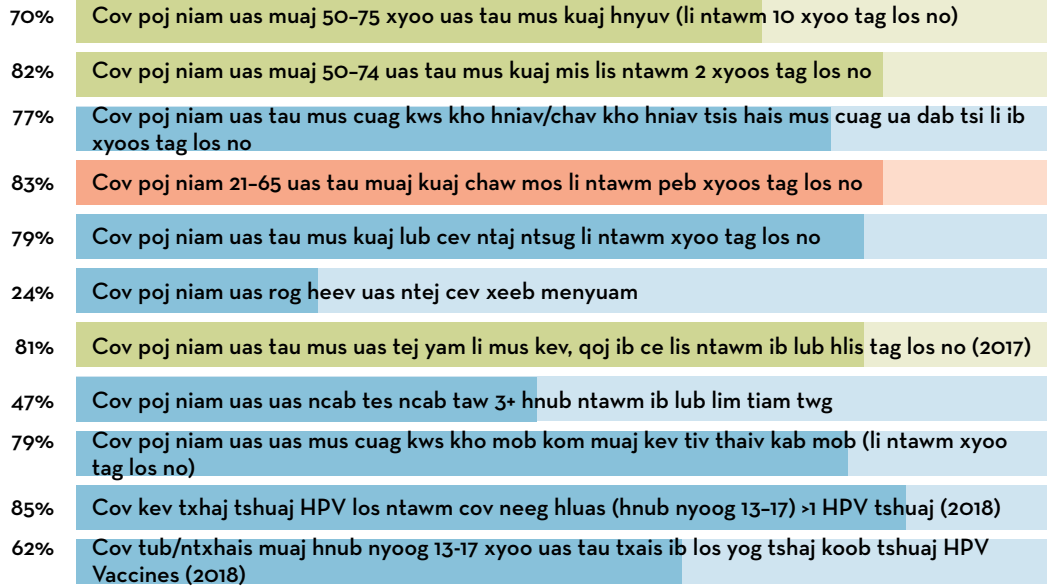
COV POJ NIAM UA HAUJ LWM MUAJ HNUV NYOOG 16-64
Nyob rau xyoo 2019 muaj li ntawm 1,763,195 tus poj niam muaj hnuv nyoog 16-64 nyob hauv MN, muaj 78% yeej ua hauj lwm.



KEV TIV THAIV KOM NOJ QAB NYOB ZOO

2016

Tag nrho mas, MN cov poj niam yog cov uas noj qab nyob zoo tshaj Cov Neeg Noj Qab Nyob Zoo Xyoo 2020 (HP2020) muaj hom phiaj rau ntau txoj kev tiv thaiv kom noj qab nyob zoo. Cov poj niam uas muaj 50-74 xyoo muaj kev kuaj mis ntau zog (82%) piv rau HP2020 lub hom phiaj (81%). Cov poj niam dub yog cov kuaj txog cancer tshaj (91%), lawv qab yog kev kuaj rau cov poj niam meskas dawb (83%). Tab sis, cov neeg coj los luj rau kev tshawb fawb ntawm cov poj niam dub thiab cov poj niam mev rau ntawm **Behavioral Risk Factor Surveillance System (BRFSS)** mas tsawg dhau lawm ces tsis paub meej txog kev kuaj mob cancer rau lub mis ntawm pawg no vim muaj kev mob cancer siab tshaj rau cov poj niam dub.



Qhov qhia tau kev noj qab nyob zoo nyob rau ntu no zoo ib yam li CDC BRFSS cov kev qhia. Tsis yog tag nrho cov kev qhia yuav muab piv rau 2020 cov hom phiaj vim hais tias HP2020 cov hom phiaj thiab BRFSS cov kev qhia tsis zoo sib xws. Mus saib cdc.gov/brfss thab healthypeople.gov kom paub tshaj no ntxiv.

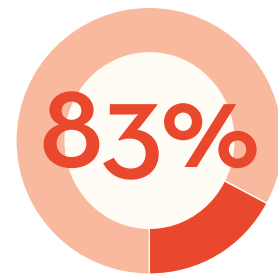
Cov Neeg Noj Qab Nyob Zoo Cov Hom Phiaj

	MN COV POJ NIAM	HP 2020 HOM PHIAJ	HP 2030 HOM PHIAJ
Mus kuaj nyhuv (Colonoscopy): 50-75 xyoo (2018)	70%	71%	74%
Mus kuaj mis (Mammogram): 50-74 xyoo (2018)	82%	81%	77%
Ncab tes taw 3+ hnuv/lim tiam	58%	48%	59%
Cov menyuum yaus cov koob tshuaj HPV Vaccination (2018)	85%	80%	80%



Tag nrho, MN ocoj poj niam mas yeej ua tau tshaj Cov neeg Noj Qab Nyob Zoo (Healthy People 2020) (HP2020) cov hom phiaj rau ntau txoj kev tiv thaiv cov hom phiaj.

COV POJ NIAM MESKAS DUB YOG COV MUS KUAJ TUS KAB MOB CANCER COOB TSHAJ PLAWS (91%), COV LAWV QAB YOG KEV KUAJ RAU COV POJ NIAM MESKAS DAWB (83%)



COV UAS XAV HOM TSHUAJ HPV KOM RAUG NCUA YOG

62%

(2018)





CANCER

2017

Mob cancer rau lub mis yog muaj 39% ntawm cov thawj hom cancer uas tshwm sim raug MN cov poj niam nyob rau xyoo 2017.

Cancer yog qhov txov neeg txoj sia coob tshaj hauv MN rau txiv neej thiab poj niam. Thaum txhua hom cancer muaj sib sau los ua ib pawg, cancer yog thib 7 ntawm cov kab mob uas raug neeg heev tshaj. Mob cancer rau lub mis suav yog 39% ntawm thawj kaum hom cancer uas tshwm sim raug MN cov poj niam nyob rau xyoo 2017. Hias dav mas, cov mob cancer rau lub ntsws thiab hlab ntsws mas yog hom txov neeg txoj sia coob tshaj, yog thib ob ntawm cov kab mob uas tshwm sim tab sis yog thib ib uas txov txoj sia.

Luj cov Thawj Kaum Hom Cancer raug rau Poj Niam

HOM CANCER	RAWS HNUB YUG
Poj Niam Lub Mis	138
Ntsws thiab Hlab Ntsws	50.5
Hnyuv Loj thiab Hnyuv Quav*	32.2
Lub cev thiab Tsev Menyuum NOS	30.4
Kab Mob rau Daim Tawv Nqaij	31.3
Mob rau Caj Dab*	17.3
Mob Non-Hodgkin Lymphoma	17.3
Mob Leukemias	12.1
Mob tus Po*	11.8
Mob Raum* thiab Ntsag	10.3

Ntawm 100,000 tus poj niam

Luj Kev Tag Sim Neej/Hom Cancer

HOM CANCER	KHO RAWS HNUB NYOOG
Ntsws thiab Hlab Ntsws	30.6
Poj Niam Lub Mis*	16.7
Hnyuv Loj thiab Hnyuv Quav	9.5
Mob tus Po	10.3
Qe Menyuum*	5.8
Mob Leukemias	5.0
Mob Non-Hodgkin Lymphoma	4.9
Lub cev thiab Tsev Menyuum NOS*+	5.0
Lub hlwb thiab Lwm Txoj Hlwb Ntsha	3.6
Daim siab* thiab Cov Hlab Siab*	3.7

Ntawm 100,000 tus poj niam

+Tsis hais kom meej

*Hom cancer uas mob rau txoj kev rog heev



Kev pom zoo:

KEV KUAJ MAS TSEEM CEEB HEEV.

Kev kuaj mus sevb puas muaj tus kab mob cancer ntawm cov poj niam uas muaj hnuv nyoog tshaj 40 yog

76%

Kuaj tus kab mob cancer rau tsev menyuum Pap/HPV ntawm cov poj niam uas muaj hnuv nyoog 21 mus txog 65 yog

86%

Cov Neeg Noj Qab Nyob Zoo (Healthy People 2020) lub hom phiaj yog

93%

KEV NOJ QAB NYOB ZOO TOM QAB YUG MENYUAM THIAB KEV NYOB ZOO NTAWM LUB TSEV YUG MENYUAM

2018

Nyob rau xyoo 2018, muaj tag nrho yog 76,636 kev muaj xeeb menyuam nyob hauv MN. Txoj kev xeeb menyuam mas muaj yog 71.4 ntawm 1,000 cov poj niam uas muaj hnuv nyoog 15-44. Lub xeev suav tag nrho yog muaj 68,603 tus menyuam uas yug yam muaj sia (tag nrho cov yug ib tus los yog ntau tus ib plab).

77%

COV NIAM CEV XEEB MENYUAM UAS TAU TXAIS KEV KHO MOB UA NTEJ YUG RAU THAWJ NTU UAS MUAJ MENYUAM (2018)

Ib tug thiab Ntau Tug Kev Yug Menyuum



- Cov yug ntxov (<37 lim tiam) 9%
- Cov Yug Muaj Ceeb Thawj Qis (<2500 grams) 7%
- Cov Yug Muaj Ceeb Thawj Zoo 84%



Kev Muaj Menyuum

COV POJ NIAM UAS MUAJ 15-44 XYOOS:

62.7 yug ntawm 1,000

KEY YUG MENYUAM:

12.0 ntawm 1,000 tag nrho cov pej xeeb

(2018)

Thawj Plaub Lub Teb Chaws Uas Cov Poj Niam Yug Menyuum Hauv MN Tuaj Yog



19.3% NTAWM COV MENYUAM YUG YOG COV LEEJ NIAM TXAWV TEB CHAWS YUG



11%

NTAWM COV POJ NIAM NYOB HAUV MN UAS HAUS LUAM YEEB UA NTEJ LOS YOG THAUM CEV XEEB MENYUAM

24%

COV POJ NIAM UAS NROG TSHAJ UA NTEJ CEV XEEB MENYUAM NYOB RAU XYOO 2018

4%

NTAWM COV NEEG NYOB HAUV MINNESOTA HAIS TIAS LAWV YOG POJ NIAM NYIAM POJ NIAM, TXIV NEEJ NYIAM TXIV NEEJ, NYIAM POJ NIAM THIAB TXIV NEEJ, LOS YOG HLOOV CHAW MOS LAWM (LGBT)

59%

QHIA HAIS TIAS LAWV YOG POJ NIAM

28%

TAB TOM TU MENYUAM



Yug Menyuum Ciaj Sia los ntawm Haiv thiab Hom Leej Niam

TSIS YOG MEV					MEV	TAG NRHO
Dawb	Meskas Dub	Qhab Meska	Es Xias/Neeg Hiav Txwv	Lwv Cov		
46,844	8,775	1,149	5,463	270	4,847	68,603

n=69,746

5%

NTAWM COV NTXHAIS HLUAS UAS XEEB TAUS MENYUAM SIV KEV CAIV MENYUAM UAS HLOOV TAU (LARCS) HAUV MN KEB PAB KHO (MEDICAID)



Kev Nyuaj Siab Tom Qab Yug Menyuum

11%

NTAWM COV NIAM RAUG QHIA LOS NTAWM COV KWS KHO MOB HAIS TIAS LAWV MUAJ KEV NYUAJ SIAB UA NTEJ LAWV XEEB MENYUAM

11%

COV NIAM UAS LAWV QHIA HAIS TIAS LAWV MUAJ KEV NYUAJ SIAB TOM QAB YUG MENYUAM

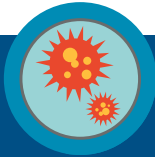


Muaj Ntshav Qab Zib thiab Muaj Ntshav Siab Thaum Muaj Menyuum

NYOB RAU XYOO 2015,

6%

COV MENYUAM YUG HAUV MN LOS NTAWM COV NIAM UAS MUAJ NTSHAV QAB ZIB THAUM MUAJ MENYUAM; Qhov no tsis suav cov poj niam uas muaj hom 1 lossis hom 2 ntshav qab zib ua ntej cev xeeb menyuum.



STIs qhia txog cov poj niam uas kis kab mob

Cov neeg uas ceeb toom los ntawm MDH thiab muaj cov kis kab mob vim kev ua niam txiv (STIs) qhia los ntawm ntau hom kev pab nyob thoob plaws lub xeev. Kom paub tau hais tias Txhua Cov Ntaub Ntawv Ceev Txog Kev Them Nqi mas yuav muaj kev ceev txog cov kev kuaj no tau zoo dua.

Tus kab mob Gonorrhea

Pawg neeg uas muaj 20-24 xyoos, cov txiv neej kuj muaj tus kab mob gonorrhea heev tshaj ntawm 100,000 tus neeg thaum muaj piv rau cov poj niam hais txog tus kab mob gonorrhea, yog 500 thiab 478 tus mob ntawm 100,000 tus neeg.

Chlamydia

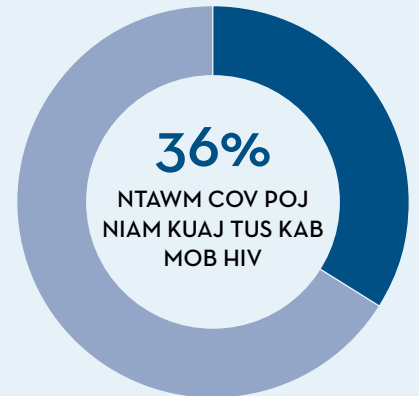
Qhov dav mas, txoj kev muaj tus kab mob chlamydia hauv MN mas mob coob tshaj li 463 ntawm 100,000 tus neeg. Qhov no nce los ntawm 4% thaum xyoo 2016. Qhov kev mob gonorrhea hauv MN nce 28% txog 123 ntawm 100,000 thaum muaj piv rau 96 ntawm 100,000 thaum xyoo 2016. Cov poj niam uas muaj hnuv nyoog 20-24 muaj tus kab mob chlamydia siab tshaj hauv lub (-3,400 tus mob ntawm 100,000 tus neeg).

Cov poj niam uas muaj hnuv nyoog 20-24 muaj tus kab mob chlamydia ntau tshaj hauv lub xeev.

Hauv chav tswj kev noj qab haus huv Minnesota Department of Health (MDH) (3,368 tus neeg mob ntawm 100,000 tus neeg)

Kuaj txog cov kab mob HIV/AIDS

(2,218)



36%

NTAWM COV POJ NIAM KUAJ TUS KAB MOB HIV

Syphilis

Cov mob tsawg tshaj txog tus kab mob syphilis thaum ntxov ntawm cov poj niam thaum xyoo 2007, Muaj ob tug uas tau qhia tias mob. Tus lej no yeej nce zuj zus txij thaum ntawv los thiab nce txog 91 tus mob thaum xyoo 2017. Txoj kev mob thib ib thiab thib ob ntawm tus kab mob syphilis ntawm 7.3 ntawm 100,000. Qhov no txo los ntawm 5% txij xyoo 2016.

Cov muaj tus kab mob HIV nyob rau xyoo 2018

COV NEEG MUAJ CHAW MOS TXIV NEEJ THAUM YUG LOS

76%

(217)

COV NEEG MUAJ CHAW MOS POJ NIAM THAUM YUG LOS

24%

(69)

COV NEEG HAUV QAB NO YOG COV POJ NIAM UAS MUAJ TUS KAB MOB SYPHILIS NTAU TSHAJ

QHAB MESKAS

56%

NEEG HISPANIC

11%

DUB TSIS YOG MEV

27%



COV KAB MOB LAUG

2012-2017

MN cov poj niam muaj cov kab mob laug tuab tshaj (38%) yog muaj piv rau txiv neej (33%). Txuas ntiv, poj niam muaj cov kab mob laug xws li ntshav qab zib, mob asthma thiab mob yas tes yas taw.

Kev Tag Sim Neej

NYOB RAU XYOO 2018:

33

TUS POJ NIAM TAU TAG SIM NEEJ VIM MUAJ ASTHMA

433

TUS POJ NIAM TAU TAG SIM NEEJ VIM PLAWV NRES

4,932

TUS POJ NIAM TAU TAG SIM NEEJ VIM MOB PLAWV

585

TUS POJ NIAM TAU TAG SIM NEEJ VIM NTSHAV QAB ZIB

273

TUS POJ NIAM TAU TAG SIM NEEJ VIM IB TXWM MOB DAIM SIAB & CIRRHOSIS

256

TUS POJ NIAM TAU TAG SIM NEEJ VIM MOB RAUM

COV POJ NIAM KHAB TAG SIM NEEJ VIM MOB PLAWV

50%

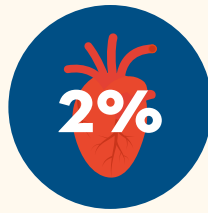
TSHAJ LI COV POJ NIAM MESKAS DAWB

POJ NIAM KHEJ DUB & POJ NIAM ESXIAS TAG SIM NEEJ VIM MOB STROKE

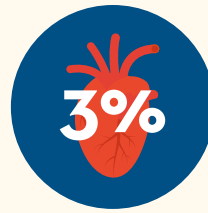
40%

TSHAJ LI COV POJ NIAM MESKAS DAWB

% ntawm cov Poj Niam Ua Cov Kws Kho Mob Tau Qhia Hais Tias lawv muaj:



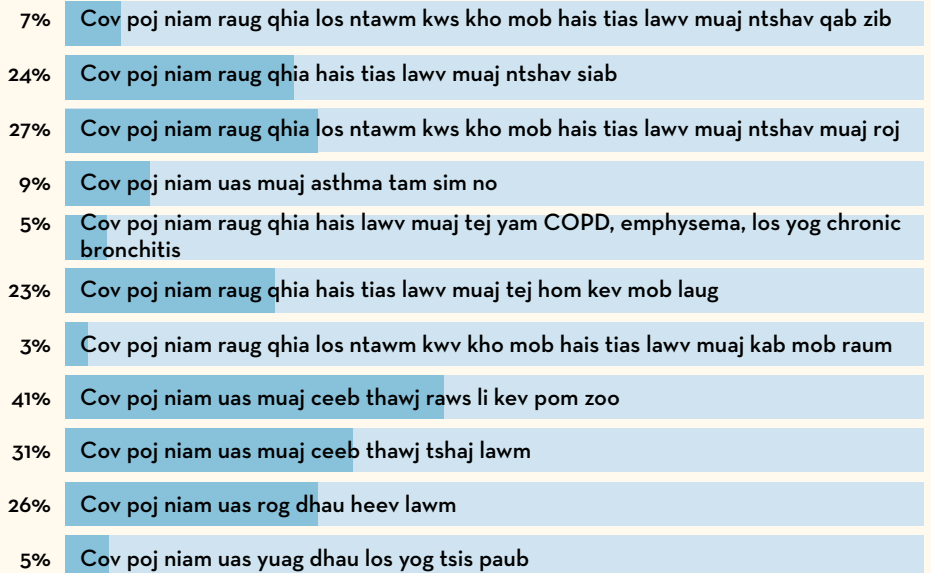
PLAWV NRES
(kuj hu ua myocardial infarction)



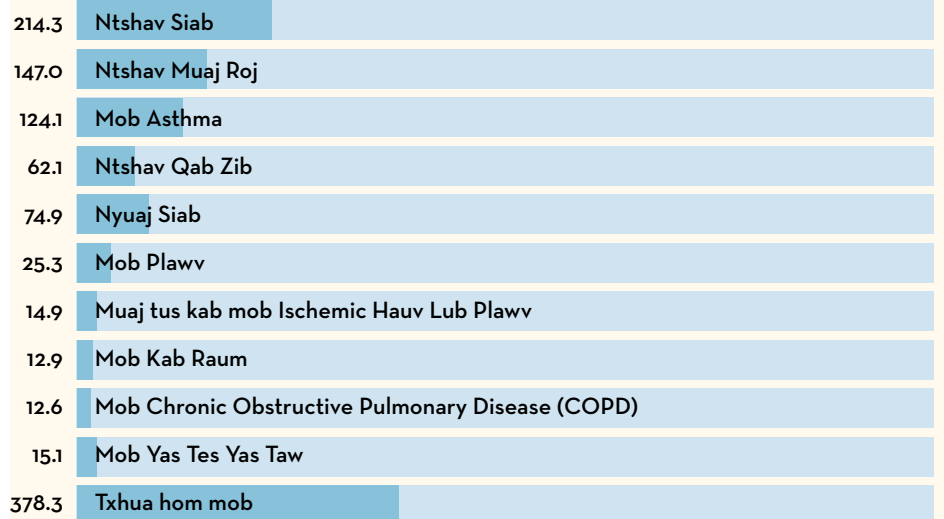
KAB MOB HAUV SIAB LOS YOG HLAB PLAWV HEART DISEASE



MOB STROKE
(kuj hu ua cerebrovascular accident)



LUJ COV POJ NIAM NROG RAU COV KAB MOB LAUG HAUV QAB NO:

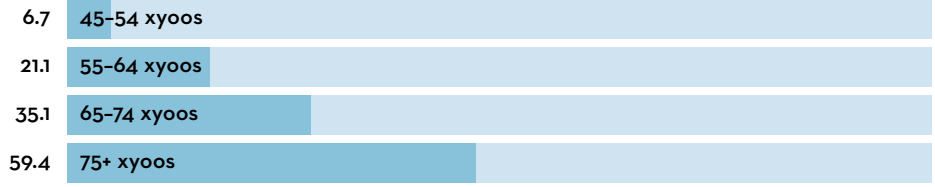


Luj ntawm 1,000 tus neeg nyob hauv Minnesota



Cov poj niam nyob hauv MN kuj muaj cov kab mob laug tshaj (38%) piv rau cov txiv neej (33%).

LUJ KEV MUS PW TOM TSEV KHO MOB LOS NTAWM COPD RAWNS HNUB NYOOG



Ntawm 10,000 tus neeg

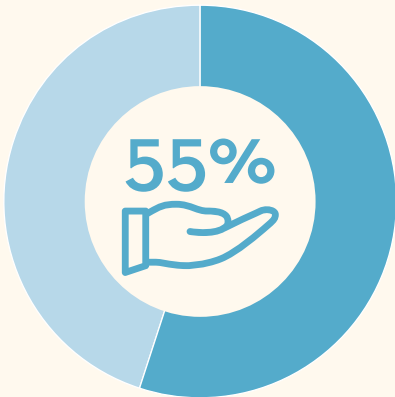


KEV MOB HLWB, NTXOV SIAB THIAB HAUS YEEJ HAUS TSHUAJ

2011-2016

Cov poj niam yog muaj 55% ntawm tag nrho cov neeg uas lub xeev cov koos haum kho kev mob hlwb, pab hauv zej zog thiab pab hauv tsev kho mob.

Cov kev luj ntawm cov nkag los (kev luj ntawm cov tib neeg uas siv kev kho mob hlwb) rau cov poj niam mas yog 53.7 ntawm 1,000. Qhov kev luj no siab tshaj cov txiv neej uas yog 44 ntawm 1,000.



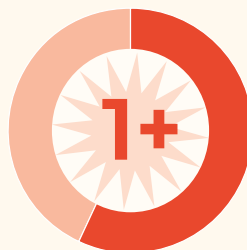
TAG NRHO COV NEEG RAUG KHO LOS NTAWM LUB XEEV COV KOOS HAUM KHO, HAUV ZOS THIAB HAUV TSEV KHO MOB

Kev Puas Tsuaj Thaum Yog Menyuum Yaus (ACE) muaj qhia meej hais tias muaj kev puas tsuaj rau tus neeg lub neej uas tshwm sim ua ntej muaj hnuv nyoog 18 xyoo thaum uas neeg laus nws nco qab txog

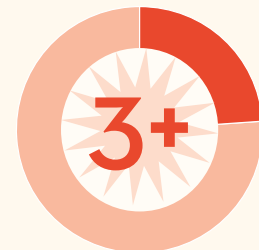


Kev Puas Tsuaj Thaum Yog Menyuum Yaus Adverse (ACE)

Peb qhia txog ACEs nyob rau daim ntawv qhia no vim lawv muaj feem cuam nrog rau kev tsis noj qab nyob zoo thiab mob hlwb, kab mob laug, kawm ntawv tau qis, kev ua hauj lwmm tau qis thiab tsis muaj kev sib txuas lus tau zoo rau yav laus. ACEs muaj feem cuam loj txog teeb meem kev mob hlwb rau yav laus, thiab yog ACE tau qhab nia siab, feem coob yuav hais tias muaj kev nyuaj siab los yog ntxhov siab rau yav laus. Koos haum MN BRFSS tau mus tshawb fawb nyob rau xyoo 2011 nthuav tawm cov ntaub ntawv tshiab txog cov neeg laus. Nws qhia tau hais tias, yog piv rau txiv neej, cov poj niam feem coob mas raug quab yuam deev tshaj thiab pom txoj kev txij nkawm sib ntaus, kev mob hlwb thiab teeb meem txog kev haus dej haus cawv hauv tsev neeg.



57% COV POJ NIAM QHIA HAIS TIAS MUAJ IB ZAUG LOS YOG TSHAJ LAWV MUAJ ACES THAUM YOG MENYUAM YAUS NYOB RAU XYOO 2011



24% COV POJ NIAM QHIA HAIS TIAS MUAJ PEB LOS YOG TSHAJ LAWV MUAJ ACES THAUM YOG MENYUAM YAUS



KEV MOB HLWB, NTXOV SIAB THIAB HAUS YEEB HAUS TSHUAJ

Haus cawv heev dhau lawm

Yog haus cawv ntau dhau yuav muaj ntau yam kev puas tsuaj xws li yug menyuam tsis zoo, muaj cancer, mob plawv, tsav tsheb raug mob, thiab tshaj no. Rau cov poj niam, haus tshaj 4+ khob cawv ib zaug twg ntau nqi tau hais tias nws haus cawv heev. Yog cov poj niam cev xeeb menyuam tsis hais haus hom cawv twg los yog tseem tsis tau muaj 21 xyoo, los yog cov poj niam uas haus tshaj 8+ khob cawv ntwam ib lub lim tiam twg, ntaus nqi tau hais tias haus ntau dhau lawm.



Rau cov poj niam, haus 4+ khob cawv ib lub zaug twg ntau tau tias nws haus cawv heev

Kev Txov Tus Kheej

6

tus tag sim neej ntwam 100,000 tus poj niam

Rov tsim raug mob rau tus kheej

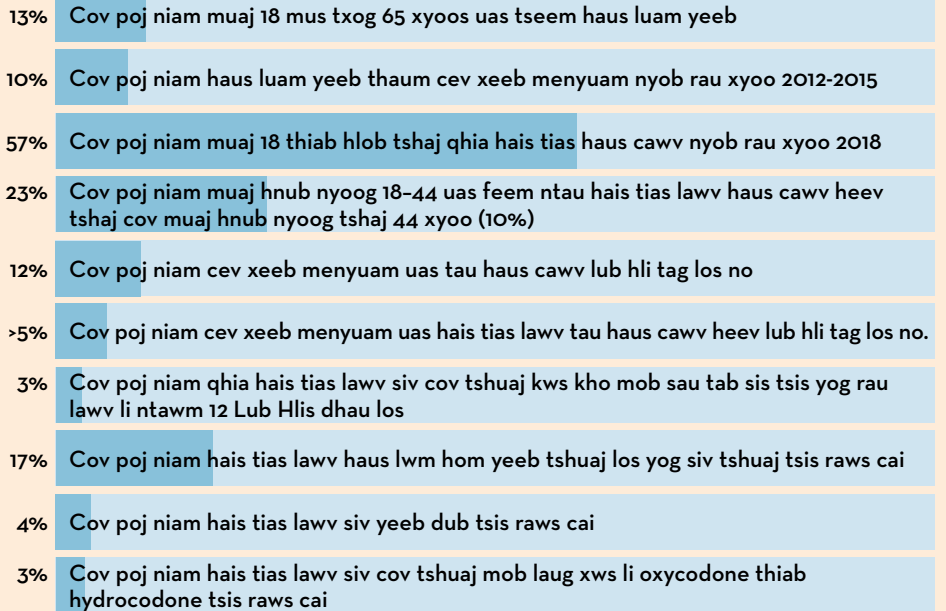
Rov tsim kev raug mob rau tus kheej mas soj ntsuam los ntwam ED cov kev tuaj kuaj txog kev tsim tus kheej:

850

tus neeg tuaj kuaj ntwam 100,000 tus poj niam uas muaj hnuv nyooog 10-24 xyoos.

400

tuaj kuaj ntwam 100,000 tus poj niam muaj hnuv nyooog 25-34 xyoos.



Feem ntwam cov poj niam uas cev xeeb tub uas siv tshuaj muaj yeeb thaum yug menyuam yog 6.5 ntwam 1,000 tus menyuam yug tom tsev kho mob.

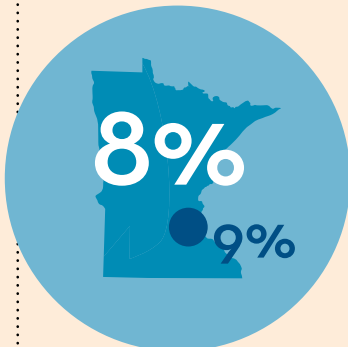


Qhov uas tag sim neej vim noj yeeb tshuaj ntau dhau los ntwam cov poj niam mas 14.4 ntwam 100,000.



Kev Nyuaj Siab Heev

Kev Nyuaj Siab Heev mas yog txoj kev puas tsuaj loj heev los ntwam cov poj nias uas muaj ntwam kho mob nyob hauv MN, suav los ces yog 19.1% ntwam cov kev muaj mob tsis zoo. Haus Dej Cawv yog 3% ntwam cov kev muaj mob tsis zoo thiab Haus Yeeb Haus Tshuaj yog 3% ntxiv ntwam hom neeg no. Cov lej suav no mas tsis tau suav tag vim tsis suav cov neeg tsis muaj ntwam kho mob uas nyob hauv Minnesota, khwv yees yog muaj li ntwam 349,000 tus neeg suav txij li xyoo 2017.



Kev Nyuaj Siab Heev mas kws kho mob yeej qhia tau txog cov poj niam uas muaj ntwam kho mob nyob hauv Minnesota suav muaj li ntwam 8.1%, caus nrog lub xeev Maine uas coob tshaj plaws nyob hauv teb chaws Meskas. Tseem coob tshaj yog suav cov nyob hauv Nroog Ntxaib Nyob Cov Nroog Nyob Ib Ncig, siab li ntwam 9% nyob rau xyoo 2016.



KEV NOJ QAB NYOB ZOO LOS NTAWM LUB ZEJ ZOG THIAB THAJ CHAW NYOB

2015-2020



2%

23

5

6%

76

TXIJ NKAWM SIB NTAUS (IPV)

Nyob rau xyoo 2015, 2% ntawm cov poj niam uas cev xeeb tub muaj IPV thaum 12 lub hlis ua ntej cev xeeb menyuam. Nyob rau xyoo 2020, qhov no nce siab li ntawm 2% nrog rau 2% uas muaj kev sib ntaus nrog tus khub ua ntej cev xeeb menyuam.

RAUG TUA

Nyob rau xyoo 2019, nws muaj 23 rooj qhia tawm txog cov poj niam raug tua tuag. Nov yog 8% tsawg tshaj ntawm cov poj niam uas raug tua uas tau nthuav tuaj nyob rau xyoo 2017.

KEV TXOV TXOJ SIA

Nyob rau xyoo 2017, cov poj niam nyob hauv MN txo txoj kev txov tus kheej 5.4 ntawm 100,000 muab piv rau thoob plaws teb chaws Meskas uas yog muaj li ntawm 6.1 ntawm 100,000.

LUJ KEV RAUG KAW

Txij thaum lub 7 hli hnuv tim 01, 2020, 6.2% ntawm tag nrho cov neeg mag kaw yog poj niam (n=516).

NYIAG TIB NEEG

Muaj 120 rooj kev nyiag tib neeg tau qhia tuaj nyob hauv Minnesota nyob rau xyoo 2018; 76 tus yog poj niam thiab 21 tus yog cov neeg tsis tau muaj hnuv nyoog. Pes tsawg leej tiag mas ntau tshaj no vim tsis qhia tawm xwb.

COV KEV YUAM CAI VIM TXOJ KEV NTXUB NTXAUG

146

Qhov yuam cai vim txoj kev ntxub ntxaug tau qhia rau tub ceev xwm nyob hauv lub xeev MN.

3

TXOJ KEV YUAM CAI VIM NTXUB COV POJ NIAM NYIAM POJ NIAM

2%

6

TXOJ KEV YUAM CAI VIM NTXUB COV NEEG HLOOV CHAW MOS

4%

1

TXOJ KEV YUAM CAI VIM NTXUB COV NEEG TXAWV CRIME

<1%



TUS KAB MOB COVID-19

LUB 11 HLIS HNUV TIM 22, 2020:

270,157 cov muaj tus kab mob
7,219 qhia tshiab tias muaj
3,779,834 kuaj tag lawm

LUB 12 HLIS HNUV TIM 4, 2020:

338,973 cov muaj tus kab mob
5,371 qhia tshiab tias muaj
4,439,728 kuaj tag lawm
3,845 tag nrho uas tau tag sim neej uas
paub meej thiab tej zaum yog



COV NEEG LATINO NYOB HAUV MINNESOTA KUAJ TIAS MUAJ TUS KAB MOB COVID-19 YUAV LUAG 3 NPAUG NTAWM COV NEEG MESKAS DAWB UAS NYOB HAUV MINNESOTA

Ntawm 3,241 cov neeg uas tau tag sim neej vim tus kab mob COVID nyob hauv MN,

80%

Meskas Dawb
(Lub 11 hlis hnuv tim 22, 2020)

Ntawm cov neeg ib txwm nyob hauv uas muaj tus kab mob COVID,

15%

tau mus pw tom tsev kho mob, ntau tshaj txhua haiv neeg.

(Lub 11 hlis hnuv tim 22, 2020)

318K
TUS NEEG
MOB NYOB
HAUV MN



13,295,605 TUS NEEG MOB COVID-19
THIAB 266K TAU TAG SIM NEEJ NYOB
HAUV TEB CHAWS MESKAS.

(Lub 12 hlis hnuv tim 4, 2020)

Cov poj niam nyob hauv MN

(MDH)

(Lub 11 hlis hnuv tim 12, 2020)

51%
tus mob

49%
mus pw tom tsev kho mob

39%
mus tom ICU

49%
Tau tag sim neej



2020 Qhia Txog Minnesota Cov Poj Niam Txoj Kev Noj Qab Nyob Zoo: Ib thaj duab ntawm Cov Poj Niam Nyob Hauv Minnesota Kev Noj Qab Nyob Zoo (2018-2019)

Ntawv nthuav ntawm los ntawm Center for Leadership Education in Maternal thab Child Public Health, University of Minnesota School of Public Health

Hais txog:

Ua hauj lwm ze nrog cov khub ua dej num thab koos haum Minnesota Department of Health's (MDH) Center for Health Statistics, Child and Family Health Division, and Health Promotion and Chronic Disease Division, peb kuj ua twb zoo los tsim daim ntawv qhia txog poj niam txoj kev noj qab nyob zoo Minnesota Women's Health Report Card (MN-WHRC) kom los pab kom pom thab paub txog cov kev muaj mob nyob cheeb tsam twg hauv peb lub xeeb. Lub koos haum MN-WHRC yuav tsim ib xyoos kem ib xyoos thaum muaj cov xov tseem ceeb tshiab, thab yeej npaj siab los soj ntsuam kom zoo thab piv rau xyoo dhua tag los. Cov ntaub ntawv nthuav txog cov kev tshwm sim txhua hnuv ntawm poj niam lub neej, thab kuj siv los qhia Minnesota cov kev khiav dej num thab cov kev cai, thab muaj kev los txhim kho cov kev noj qab nyob zoo tam sim no thab mus rau yav tom ntej.

Kev lav paub

Kev lav paub, kev lees paub txhua cov neeg tshawb fawb ua ntej thab kom qhia meej tshaj no kuj nrhiav tau nyob ntawm z.umn.edu/mnwhrc2020. Daim ntawv qhia no yog siv tus qauv ntawm North Carolina's (NC) Center for Women's Health Research (CWHR), uas tau nthuav txog kev noj qab nyob zoo ntawm NC cov poj niam tau ntau xyoo. Daim ntawv qhia thab cov vas sab ua rau peb tsim tib yam rau peb lub xeev. Ua tsaug. Peb thov ua tsaug rau MCH scov tub/ntxhais kawm ntawv nyob rau xyoo 2019 thab 2020 PubH 6630 hoob kawm rau lawv txoj kev txhawb txog cov ntawv qhia qhab nia-2020 Report Card, thab ua tsaug rau Laura Villarreal thab Dr. Zobeida Bonilla rau nkawv txoj kev ua thawj coj thab tswj cov tub/ntxhais kawm ntawv thab lawv cov kev khaws ntaub ntawv.

Hais txog lub Center for Leadership Education in Maternal thab Child Public Health

Tau rau caum lub xyoos, lub Center for Leadership Education in Maternal and Child Public Health tau txhim kho kev noj qab nyob zoo rau MN cov poj niam, menyuam, cov tub/ntxhais hluas thab lawv tsev neeg. Lub Center lub hauv paus ntawm kev ruaj ntseg thab soj cov txuj ci tsim los ntawm txoj kev mus kawm ntiv, kev sab laj thab kev sib pab los ntawm cov koos haum thab kev kho mob thab cov koos haum pab pej xeeb. Cov tub/ntxhais kawm ntawv uas tab tom kawm peb daim Master's degree txog Public Health tau txais kev kawm txog cov txuj ci pab kho pej xeeb thab kev ua niam thab menyuam txoj kev noj qab nyob zoo (MCH).

MUS CUAG:

epi.umn.edu/mch
mch@umn.edu

Facebook (MCHUMN)

Instagram (umn_mch)

Twitter (@umn_MCH)

YouTube (umn_mch)

Lub Center for Leadership Education in Maternal thab Child Public Health muaj kev txhawb los ntawm Health Resources thab Services Administration (HRSA) ntawm U.S. Department of Health thab Human Services (HHS) ntawm pob nyiaj pab muaj tus lej cim T76MC00005-59-00 rau Leadership Education in Maternal thab Child Public Health muaj nqis li ntawm \$1,750,000. Cov xov tseem ceeb no thab cov lus thab kev tshawb pom yog los ntawm cov tswv sau thab tsis txhob ntaus nqi hais tias yog txoj hauj lwm los yog txoj cai, los kev pom zoo yog los ntawm HRSA, HHS los yog Tsoom Fwv Meskas.

Tsim thab Luam Tawm: University of Minnesota Printing Services

