

# Resources on the Health of Justice-involved Women and Children

In the past three decades, the US has seen a more than 600%<sup>i</sup> increase in the number of women in prison. A majority of these women are of childbearing age and mothers of minor children,<sup>ii</sup> and one in every 20 women<sup>iii</sup> who enter prison in Minnesota is pregnant. Incarcerated women and their children have complex health risks, yet addressing these risks presents new challenges for corrections systems and public health professionals.

The below resources are available on the Center for Leadership Education in Maternal and Child Public Health's website: [z.umn.edu/JIWC](https://z.umn.edu/JIWC)

## VIDEOS

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- Incarcerated and Pregnant: Promoting the Health of Mothers and Babies
- Preconception and Prenatal Health (Wendy Hellerstedt; recorded presentation)
- Pregnancy and Parenting Support for Women in Prison (Rebecca Shlafer; recorded presentation)
- Incarceration and Pregnancy (Former Minnesota Health Commissioner Dr. Ed Ehlinger)
- Experiences from the Field panel
- Incarcerated Mothers: A View into Public Health Challenges (view corresponding list of questions answered by panelists)
- Can You Tell Me How To Get to Sesame Street from the County Jail? Communication Strategies for Leveraging Systems Change on Parental Incarceration" (and slide set)

## PUBLICATIONS

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- Physical, Mental, and Dental Health of Youth in Juvenile Correctional Facilities in Minnesota
- Sexual and Reproductive Health: Comparisons of Minnesota Youth in Public Schools and Juvenile Correctional Facilities
- Pregnancy Resource Guide for Incarcerated Mothers
- Legislative Advisory Committee on the Care of Pregnant Incarcerated Women: Final Report
- Healthy Generations: Incarceration & Public Health
- Incarceration & Public Health Brief (two-page executive summary)
- Reproductive Health of Incarcerated Women Resources (from October 2014 Interdisciplinary Institute on the Reproductive Health of Incarcerated Women in Minnesota)
- Reproductive Health of Incarcerated Women Resources
- Clinical Care Available to Pregnant Women with Opioid Use Disorders in Minnesota Jails

## POLICY

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- Family Impact Analysis: Housed Out of Facility (HOF)

## COURSES & CONTINUING EDUCATION

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- PUBH X111: Incarceration—A Public Health Issue (certificate of completion available)

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- HSEM 2719 - Incarceration and Health: This course considers specific populations at particularly high risk, including detained youth, pregnant incarcerated women, and the elderly. In previous courses, students have revised and taught health curriculum to individuals at the Minnesota Correctional Facility.
- PUBH X749 - Parental Incarceration and Child Welfare: This course uses an interdisciplinary perspective to explore the complex intersection between parental incarceration and child welfare, focusing on the ways these systems intersect and the impacts on children and families.

## STUDENT EXPERIENCES

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**Want to learn more about how students have participated?** Student Spotlights are posts authored by students, focusing on their work within Maternal and Child Health. Student presentations summarize an applied experience (APEX) within Maternal and Child Health.

### **Past Student Spotlights on incarceration:**

- Martha Johnson
- Bri Warren
- Hannah McNamee
- Jeanette Fernandez-Baca
- Rachael Mills
- Sam Lo

### **Past student presentations on incarceration:**

- Bri Warren Abstract
- Jeanette Fernandez-Baca Executive Summary
- Sam Lo Executive Summary
- Britney Rosenau Abstract
- Virginia Pendleton Abstract
- Ashley Wahl Abstract

## OTHER RESOURCES

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- Minnesota Prison Doula Project
- Strengthening Families Affected by Incarceration Coalition
- CYFC's Children's Mental Health eReview on Children with Incarcerated Parents
- CYFC's list of children's books relevant to children facing parental incarceration

<sup>i</sup> Guerino, P., Harrison, P.M., & Sabol, W. (2011). Prisoners in 2010. Washington, D.C.: Bureau of Justice Statistics.

<sup>ii</sup> Glaze LE, Maruschak LM. Parents in prison and their minor children. Washington, DC: Bureau of Justice Statistics Special Report, 2008. Available at [bjs.gov/content/pub/pdf/pptmc.pdf](https://bjs.gov/content/pub/pdf/pptmc.pdf)

<sup>iii</sup> Shlafer, R. (2015). Incarcerated Parents in Minnesota and Their Children. University of Minnesota, Minneapolis, MN

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